

## Judy's Teaching

August, 2016

Dick begins by challenging the reader to spend one hour a day with God. He has figured out that if you spend one hour each day with God that you are giving Him eight eight-hour days a year. My challenge to you is to try to limit each prayer focus to five minutes! Sometimes one part will stand out and I will spend a lot of time on it. Talking with God in these twelve areas opened my communication with Him in a huge way.

I trust that each of you is praying for godly leaders for our nation each day. "If My people, which are called by My name, will humble themselves, and pray, and seek My face, turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land," (II Chronicles 7:14).

I so enjoy the story of Susanna Wesley who had nineteen children, including John and Charles. She had nowhere to go to pray alone. So, she would pull her apron up over her head. Her children knew that this was her time alone with God and never to disturb her 😊

What I am presenting is not a system. We never want to follow a pattern and do it automatically, perhaps even without thinking or participating. No! We want a daily adventure with God! We know that He answers prayer. So, why wait? Let's pray!

"Father, we come in the mighty name of Jesus Christ, Your Son. We expect to have a glorious time with you today. Help us, we pray, to know You better by our time together.

1. PRAISING: "Show us, dear Father, how to praise You."

So, now let's sing to God. No one can hear us, so let's just sing out to God with great joy! I will give you some verses of praise. You can find many more. Find ones that really stir your heart and express what you want to say to God.

*Psalm 50:23 : Whoso offereth praise glorifieth Thee, Whoso offereth praise glorifieth Thee, and to him that ordereth his conversation aright will I show the salvation of God.*

We sang this Psalm for many years, so I know a melody for it. You can make up your own. We see that we glorify God by praising Him. I conclude that as we praise God,

He will empower us to order our lives so that God will reveal the continuing revelation of salvation in Christ Jesus that is ours right now.

Zephaniah 3:17 "Father, I thank you that You here with me. We thank You that You are mighty and powerful. We thank You that You have saved me by Your Son, Christ Jesus. I thank You that right now You are rejoicing over me with joy. I thank You that You are resting in Your love and I am, too. Father, You are rejoicing over me with singing. This is almost more than I can contain, dear Father. Thank You!"

Hebrews 13:15-16 "Father, I thank you that You are so pleased when I bring to You the sacrifice of praise. I thank You that by Your love and Your power, I can bring to you a heart of praise, even when I am almost overwhelmed by circumstances. I thank You that I know that I am pleasing You when I choose to praise You over my circumstances. Knowing that I am pleasing You gives me strength to praise You instead of being buried by disappointment and agony. Father, You have covered everything that will ever happen. I will praise You continually. Together, we win because of Your Son, Jesus Christ Who knew a depth of pain beyond what I will ever know. His pain was for my sin. Thank you, Father."

2. **WAITING:** This time is called silently loving God. This really is a "be still" time. Some truths for meditation follow, but this time is to develop a skill in prayer that must be developed: being still and hearing God.

Psalm 46:10 "Father, I am still before You. I know that You are God. Ignite me to lift You up among those who do not know You. I will exalt You. Show me how to exalt You in all of the earth. You will be exalted in all of the earth."

Psalm 130:5 "Dear Father, I wait for You, my soul waits. My hope and trust is in Your Word. I wait before You."

Isaiah 40:31 "Father, as I wait upon You, my strength is renewed. I will soar as an eagle. I will run and not be weary. I will walk and not faint. Teach me, Lord, to wait." I learned this verse as a song as well.

3. **CONFESSING:** Proverbs 28:13 "Father, I pray that I will never cover up my sin. I thank You that You prosper me when I confess my sin. I thank You that when I confess and forsake my sin that Your mercy will be upon me."

Psalm 32:5 "I thank You, Father, that You have taught me to acknowledge my sin, to bring every sin before you immediately. I thank You that Jesus Christ took my sin. I thank You that I am forgiven, that Jesus Christ took all of my sin, past, present, and future, to Himself on the cross."

I John 1:9 "Father, I thank You that as I confess my sins, that You are faithful and just to forgive my sin and to cleanse me from all unrighteousness. Father, you make me clean each time I confess my sin. Thank you, dear Father."

4. **SCRIPTURE PRAYING:** I am continually carrying Scripture with me to meditate upon and thus to write it upon my heart. I like to learn three verses each topic, just as I am presenting now. We don't know if we will always have the Bible to enjoy freely. I believe we must always be writing God's Word on our hearts. This Scripture praying time is to select a passage and pray it to God. The Psalms are great for praying to God. Psalm 1, Psalm 91, Psalm 100 on the Bible, offer it to God in prayer.

*"For the word of God is living and active and full of power [making it operative, energizing, and effective]. It is sharper than any two-edged sword, penetrating as far as the division of the soul and spirit [the completeness of a person], and of both joints and marrow [the deepest parts of our nature], exposing and judging the very thoughts and intentions of the heart, (Hebrews 4:12).*

Besides learning three verses by topic and hooking them together, I also am working on learning whole chapters. I am reviewing chapters I learned years ago, such as Psalm 1, Psalm 100, I Corinthians 13, II Timothy 3.

If memorizing Scripture seems impossible to you, never fear. As you meditate on verses, you will be writing them on your heart. You won't ever know that you are learning them. You are praying them to God. As you go over them daily, you will be amazed that you have learned them!

5. **WATCHING:** This one we need to know. There is an enemy who is out to steal from us, to destroy us, and/or to kill us. We must be watching at all times to see how he is working. We need to listen to the Holy Spirit as He warns us before we make wrong choices. Satan's time is running out. He appears to be running rampant across the earth, deceiving people, even believers, into accepting ungodly ways. We must watch and be like mother hens watching over our families to help them not to be deceived.

Ephesians 6:10- Father, I thank You that Jesus sent the Holy Spirit to me so that I can discern the evil in the world. Father, I know that I am not wrestling with flesh and blood, but against the spiritual wickedness in supernatural places. Father, I thank you that my strength is in You and in Your mighty power. Father, I now put on Your whole armor so that I can stand up against all of the schemes and strategies and deceits of the enemy.

"Father, I thank You that You have equipped me to do everything that the situation requires, and then to stand firm in You in victory.

Father, I tighten around my waist the belt of truth, of personal integrity and moral courage. I put on the breastplate of righteousness, an upright heart. I strap my feet with the gospel of peace in preparation to face the enemy with the absolute power of the gospel of Jesus Christ which produces victory over every enemy. Most importantly, I lift up the shield of my faith which You gave to me, to extinguish all of the flaming darts of the evil one. I top my head with the helmet of salvation through Your Son, Christ Jesus. In my hand is my sword, the sword of the Spirit, the Word of God, the Bible. I am equipped! Thank you, Father!"

6. **INTERCEDING:** We come before God and stand in the gap for others.

*"With all prayer and petition pray [with specific requests] at all times [on every occasion and in every season] in the Spirit, and with this in view, stay alert with all perseverance and petition [interceding in prayer] for all God's people," (Ephesians 6:18).*

*"First of all, then, I urge that petitions (specific requests), prayers, intercessions (prayers for others) and thanksgivings be offered on behalf of all people, for kings and all who are in [positions of] high authority, so that we may live a peaceful and quiet life in all godliness and dignity, (I Timothy 2:1-2).*

*"Is anyone among you sick? He must call for the elders (spiritual leaders) of the church and they are to pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will restore the one who is sick, and the Lord will raise him up; and if he has committed sins, he will be forgiven. Therefore, confess your sins to one another [your false steps, your offenses], and pray for one another, that you may be healed and restored. The heartfelt and persistent prayer of a righteous man (believer) can accomplish much [when put into action and made effective by God—it is dynamic and can have tremendous power], (James 5:14-16).*

#### 7. PETITIONING:

*"Ask and keep on asking and it will be given to you; seek and keep on seeking and you will find; knock and keep on knocking and the door will be opened to you," (Mathew 7:7; Luke 11:9).*

*"Until now you have not asked [the Father] for anything in My name; but now ask and keep on asking and you will receive, so that your joy may be full and complete," (John 16:24).*

*"Do not be anxious or worried about anything, but in everything [every circumstance and situation] by prayer and petition with thanksgiving, continue to make your [specific] requests known to God," (Philippians 4:6).*

#### 8. THANKSGIVING:

*"O give thanks to the LORD, for He is good;  
For His lovingkindness endures forever," (I Chronicles 16:34).*

*"Enter His gates with a song of thanksgiving and His courts with praise. Be thankful to Him, bless and praise His name," (Psalm 100:4).*

*"Whatever you do [no matter what it is] in word or deed, do everything in the name of the Lord Jesus [and in dependence on Him], giving thanks to God the Father through Him," (Colossians 3:17).*

## 9. SINGING:

*"O come, let us sing joyfully to the LORD; Let us shout joyfully to the rock of our salvation. Let us come before His presence with a song of thanksgiving; Let us shout joyfully to Him with songs," (Psalm 95:1-2).*

*"I will sing to the LORD as long as I live; I will sing praise to my God while I have my being," (Psalm 104:33).*

*"Let the [spoken] word of Christ its home within you [dwelling in your heart and mind—permeating every aspect of your being] as you teach [spiritual things] and admonish and train one another with all wisdom, singing psalms and hymns and spiritual songs with thankfulness in your hearts to God, (Colossians 3:16).*

## 10. MEDITATING:

*"This Book of the Law shall not depart from your mouth, but you shall read [and meditate on] it day and night, so that you may be careful to do [everything] in accordance with all that is written in it; for then you will make your way prosperous, and then you will be successful," (Joshua 1:8).*

*"Blessed [fortunate, prosperous, and favored by God] is the man who does not walk in the counsel of the wicked [following their advice and example], Nor stand in the path of sinners, Nor sit [down to rest] in the seat of scoffers (ridiculers). But his delight is in the law of the LORD, And on His law [His precepts and teachings] he [habitually] meditates day and night," (Psalm 1:1-2).*

*"Great are the works of the LORD, studied by all those who delight in them,"*  
(Psalm 111:2).

LISTENING: This is my favorite step☺ Have a notebook and pen ready to write down what you hear God say to you.

*"Then the LORD came and stood and called as at the previous times, "Samuel! Samuel!" Then Samuel answered, "Speak, for Your servant is listening,"*  
(I Samuel 3:10).

*"Call to Me and I will answer you, and tell you [and even show you] great and mighty things, [things which have been confined and hidden], which you do not know and understand and cannot distinguish,"* (Jeremiah 33:3).

*"The sheep that are My own hear My voice and listen to Me; I know them, and they follow Me,"* (John 10:27).

## 11. PRAISING:

*"I will give thanks and praise You, O Lord my God, with all my heart; And will glorify Your name forevermore,"* (Psalm 86:12).

*"I will exalt You, my God, O King, and [with gratitude and submissive wonder] I will bless Your name forever and ever,"* (Psalm 145:1).

*"Praise the LORD! Praise God in His sanctuary; Praise Him in His mighty heavens. Praise Him for His mighty acts; Praise Him according to [the abundance of] His greatness. Praise Him with trumpet sound; Praise Him with harp and lyre. Praise Him with tambourine and dancing; Praise Him with stringed instruments and flute. Praise Him with resounding cymbals; Praise Him with loud cymbals. Let everything that has breath and every breath of life praise the LORD! Praise the LORD! (Hallelujah!),"* (Psalm 150:1-6).